
Chronic Pain

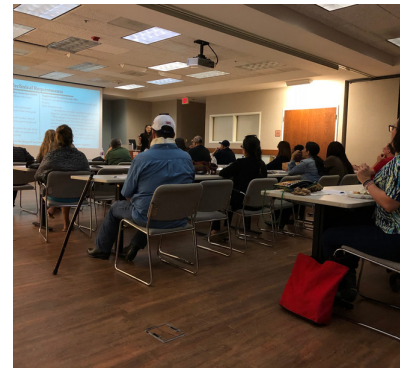


RESOURCE CENTER

of South Texas

2018 ANNUAL REPORT

Empowering individuals and families living with chronic pain to create happier, healthier lives.



- **4000** individuals served through our outreach programs
- **164** hours of professional services provided
- **627** volunteer Hours
- **\$3943** raised for program support
- **100%** of contributions used to support our programs



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FROM THE DIRECTOR

Your generous donations make our work possible. The Resource Center has been growing support and awareness for the chronic pain community this year. We expanded our board with new director, Mark Moran, M.D., M.S. and have found a new site for our support groups through hosting site Connect + Ability at Warm Springs. We are so glad to have them join us on this mission.

Our Healing Together Support Group gained several new members, all who have brought wonderful support and hope to the group. Through our groups participants have connected with local providers and learned about pain management techniques including physical therapy, ketamine infusion therapy, and meditation among others.

The Chronic Pain Resource Center facilitated several art workshops for caregivers and group participants through Connect + Ability and Oasis this year. These workshops provided a space to recharge for caregivers and a place for community and self-expression for support group attendees. The Center also hosted an information booth and art activity at AbilityFest. It was a great opportunity to share our mission and reach the community.

THANK YOU DONORS

- Mark Moran
- Nancy Mangan
- Brooke & Salina Shelton
- Mary Ellis
- Mary Dom
- Vicki Williams Patterson
- Julia Haynes
- Shelley Shelton Wilson
- Ivette Capp
- Melissa Dilworth
- Daniela Salinas
- Samantha Alfaro